

Pulsed Microwave Attacks on US, Canadian, Embassy and Security Personnel: The Havana Syndrome

havasynndrome.nl

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www.stopeg.com

This is NOT a conspiracy website/document. This website contains only quotes from and links to articles, images, videos from main stream media websites such as CNN, The New York Times, NBC News, BBC News, Reuters, Politico, The Guardian, CBS News, ABC News, The Wall Street Journal, etc.

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1. Introduction

I created this page to document that directed energy weapon attacks on people are very real. Weapons have been developed that are invisible, silent and often go through-wall. This page is mostly about the physical damage caused by these weapons. There is another category of weapons based on electromagnetic waves also used today that is even more terrifying and can attack our brain, or more specifically, our thoughts. I will create a separate document for this. If you want to read more:

- [Human Brain Project](#)
- [Dr. James Giordano: The Brain is the Battlefield of the Future \(video\)](#)
Please listen at least the beginning of this video.
And if you understand and dare to hear more truth skip to minute 37.
- [Dr. James Giordano: Battlescape Brain: Military and Intelligence Use of Neurocognitive Science \(video\)](#)
This is a 2020 follow up.

See also the following Unclassified documents:

- [Unclassified - Bioeffects of Selected Nonlethal Weapons](#)
DEPARTMENT OF THE ARMY, 13 December 2006
- [Unclassified](#)
National Security Agency (NSA), 16 October 2014

See also the following document on the website of The Office of the United Nations High Commissioner for Human Rights (OHCHR):

- [Electromagnetic harassment with torturous patterns \(electromagnetic torture, cybernetic torture or cybertorture\): "the crime that people complain most about on the internet/social media"](#)
[Relevance to neuroweapons as well as "Health Attacks" or "Health Incidents" of U.S. and Canada diplomats](#)

During the Cold War, the USA discovered that its embassy in Moscow was microwaved. This triggered a weapons race in deniable invisible weapons based on electromagnetic waves. The year was 1975. These weapons can attack the body and the brain. Some keywords: Directed Energy Weapons (DEW), Neuro weapons, Microwave weapons, Microwave hearing, Sonic weapons, Psychotronic weapons, Non-lethal weapons, Brain zapping.

It appeared that the human body and brain are extremely vulnerable to electromagnetic energy. For example, the human body can be heated and cooked with a microwave weapon. The heart can be stopped and you can be forced to vomit, urinate or defecate. The human brain (neurons) can be influenced by forcing voices(microwave hearing), thoughts and emotions. Many ways have been discovered to attack a human being with these weapons.

Many things were already possible in the 1980s. CNN reported on this in 1985:

- [Electromagnetic Mind Control Weapons \(1 of 2\) \(video\)](#)
CNN, 1985
- [Electromagnetic Mind Control Weapons \(2 of 2\) \(video\)](#)
CNN, 1985

After incidental reports, the USA sounded the alarm when their diplomats and security personnel got attacked in China, Cuba and Australia. They called this the **Havana Syndrome**. The Havana Syndrome suggests an illness, but after some time experts could only conclude that these were attacks with electromagnetic weapons. A number of Canadian diplomats who were also attacked in Cuba sued their government for \$28 Million, and, in contrast to their USA victims released much more details about these attacks. In this document I summarize these events and new events.

Weapons based on invisible (electromagnetic) radiowaves are the perfect weapons for individual control and group control. Attacks can easily be denied, and attacks can mimic known physical and mental symptoms. And once you have them, why not use them for personal gain?

These weapons are being developed and tested and used on real people. But governments keep silent. This is one of the best kept secrets in the world.

The government agencies using these weapons are trapped by their own crimes. They have always done research on people, done horrible things to people, but no one knew because there was no internet. They just got away with it. With the internet, for the first time in history, survivors could put their stories online for everyone to read.

Havana Syndrome is not a disease but a name for symptoms of attacks with Directed Energy Weapons. These weapons are not new but have been around for many decades.

With the Havana Syndrome reaching the general public there is an opportunity for the US government to officially acknowledge that these Electromagnetic weapons exist AND are being used for over 2-3 decades. This would create a legal mess at least. But it also paves the way for a worldwide ban on EM weapons similar to the ban on Nuclear weapons.

If you still wonder why EM weapons must be banned like Nuclear weapons then let me give you some reasons:

- **On 21 July 2009 NATO chief De Hoop Scheffer suffered a heart attack. He was in Belgium on the Belgian National Day. He had heart surgery. On 26 July 2009 Sarkozy, President of France, fell down while running. We were told his heart went out of sync for a short period of time, nothing to worry.
How do we know if there were medical conditions that caused these heart problems or if EM weapons were involved?**
- **During a horse race, the favorite horse suddenly starts galloping. Through the betting shops, you can win a lot of money.
How do we know if the horse was exhausted or if EM weapons were involved?**
- **These weapons are not that difficult to build. No doubt, there are now criminal groups (not affiliated with government organizations) that use these weapons to make easy money and/or to 'take out' people (by contract or otherwise). And their number will only increase.**

Many innocent people have been and still are tortured or are subjected to testing with these weapons. This is called 'mind control experimentation', another word is MK-ULTRA(-2). The survivors put their stories on the internet and call themselves Targeted Individuals. Many people suffer and many people die. This has been going on for decades and goes on today. These crimes are among the worst in history and are a disgrace to humanity.

2. What we know so far

In this section I summarize what we know based on the information in recent main stream media articles mentioned on this page.

- Microwave weapons are with us since the 1960's.
- Microwave hearing (forcing voices into your brain without audio) is possible since the 1970's.
- The NSA more or less confirms that agents already were attacked with microwave weapons in the 1990's.

'The National Security Agency confirms that there is intelligence information from 2012 associating the hostile country to which Mr. Beck traveled in the late 1990s with a high-powered microwave system weapon that may have the ability to weaken, intimidate, or kill an enemy over time and without leaving evidence. The 2012 intelligence information indicated that this weapon is designed to bathe a target's living quarters in microWaves, causing numerous physical effects, including a damaged nervous system. The National Security Agency has no evidence that such a weapon, if it existed and if it was associated with the hostile country in the late 1990s, was or was not used against Mr. Beck.'



UNCLASSIFIED//FOR OFFICIAL USE ONLY
NATIONAL SECURITY AGENCY
 FORT GEORGE G. MEADE, MARYLAND 20755-6000

October 16, 2014

(U//FOUO) The National Security Agency confirms that there is intelligence information from 2012 associating the hostile country to which Mr. Beck traveled in the late 1990s with a high-powered microwave system weapon that may have the ability to weaken, intimidate, or kill an enemy over time and without leaving evidence. The 2012 intelligence information indicated that this weapon is designed to bathe a target's living quarters in microwaves, causing numerous physical effects, including a damaged nervous system. The National Security Agency has no evidence that such a weapon, if it existed and if it was associated with the hostile country in the late 1990s, was or was not used against Mr. Beck.

- Experts agree that US and Canada embassy staff in Cuba were attacked with (pulsed) microwaves.
- Dr. James Giordano said the culprit could be some form of ultrasonic or acoustic device; a rapidly-pulsed microwave; or a laser-based system.

- Drugs alone: Unlikely
- Ultrasonics: Very Possible/Probable
- Electromagnetics: Wholly Possible/Highly Probable

- Combinatory: Possible with (+) explanatory value

The screenshot shows a CNN news broadcast. On the left, there are two video feeds of men in suits. The main content is a graphic titled "POTENTIAL CAUSES OF HAVANA SYNDROME" with the following list:

- **Drugs alone:** Unlikely
- **Ultrasonics:** Very Possible/Probable
- **Electromagnetics:** Wholly Possible/Highly Probable
- **Combinatory:** Possible with (+) explanatory value

Below the list, it says "JAMES GIORDANO". At the bottom right, there is a red banner that says "SOON ON CNN: PENTAGON BRIEFING ON AFGHANISTAN". Below that, it says "LIVE" and the CNN logo. At the bottom, there is a red banner that says "DEVELOPING STORY" and a white banner that says "POSSIBLE HAVANA SYNDROME INCIDENT DELAYED HARRIS FLIGHT TO VIETNAM". The video player interface at the bottom shows a play button, a progress bar at 2:07 / 5:18, and various control icons.

- The main stream media increasingly report that the weapons used are Directed Energy Weapons.
- US security personnel was also attacked in other countries including the US.
- These microwave weapons go through glass and/or walls and/or wood.
- US officials confirm 130 incidents of Havana Syndrome brain injury.
- Mark Zaid, a lawyer in Washington, DC, who represents several of those affected: 'It started long before Havana,' Zaid said. 'It was just those incidents that brought it to light.'
- The US intelligence community report released 2 February 2022 concludes that the symptoms probably are caused by ultrasound and pulsed microwave energy. The report also mentions that microwaves propagate through building materials and that psychosocial factors - which include work demands, stress and depression - cannot alone account for the core symptoms.
- James Benford, a physicist and leading authority on microwaves, says the most plausible explanation is that it is a high power microwave weapon. 'There are many kinds and they can go anywhere in size from a suitcase all the way up to a large fracture trailer unit. Microwaves go through glass, they go through brick, they go through practically everything. The technology has been studied for more than fifty years. It has been developed widely in perhaps a dozen countries. Primary countries are the United States, Russia and China.'
- **The ones operating these weapons not only attack adults but their children as well.**
- Most recent are the 2021 attacks on US staff in Austria (Vienna), Germany (Berlin), Vietnam (Hanoi), India, Serbia and Colombia (Bogota), and the 2022 attacks on US staff in Paris (France), Geneva (Switzerland).

What we also know

Many citizens claim that they are being attacked with these EM weapons and ask the police and their government for help. But so far they are not getting any help and the media is covering up their stories, or saying that these people are suffering from delusions or are mentally ill.

Symptoms described by Havana Syndrome victims

US diplomats and security officers speaking in the 60 Minutes CBS News investigative report.



'Havana Syndrome' stumps investigators as U.S. officials report injuries on White House grounds (60 Minutes)

CBS News, 21 February 2022

'It was like this piercing feeling on the side of my head ... it was on the right side of my head and I got like vertigo ... I felt unsteady, I was nauseous, I was somewhat disoriented'. The piercing feeling continued. This was followed by a paralyzing panic attack, which she never had. About a year it happenend again a couple of times. 'It was a similar sensation but this time is was very much the feeling of vertigo and dizziness and I felt couldn't really walk. ... that I was just gonna fall right into the ground.'

Another victim told Bolton he had disorientation and ringing in the ears and the inability to function. and that he couldn't speak or think

clearly.

Miles Taylor was hit with the same symptoms described by Olivia Troye. Five weeks later it happened again. The next day he was feeling off balance, out of it, the sort of concussion like symptoms you have from getting knocked very hard.

Robin Garfield, his wife and two children were repeatedly hit in China. His daughter was literally falling down multiple times a day. His family was hit again during their year of treatment in Philadelphia.

US diplomats and security officers are not allowed to talk about their experiences. On October 2021 an exception was made for three / four diplomats who had been working in Havana.

From the NBC News website:



'Seized by some invisible hand': What it feels like to have Havana Syndrome

NBC News, 13 October 2021

'I felt like I was being struck with something,' she said. 'Pain that I have never felt before in my life ... mostly in my head and in my eyes.... It was as if I had been seized by some invisible hand and I couldn't move.'

Onufer and two of her former colleagues in Havana, a married couple named Kate Husband and Doug Ferguson, spoke to NBC News about their experiences after getting permission from the State Department. They want the world to know that what happened to them in Havana caused real suffering and documentable injuries, and that those who insist this must be a case of mass psychosis are wrong.



[Legal, financial fights mount as 'Havana Syndrome' goes unsolved](#)

NBC News, 22 December 2021

From the video on this page: Fighting an Invisible Enemy: The voices of Havana Syndrome.

- **[07:25] There is nothing in the world that is worse than being a victim that everybody doubts.**
- **[09:40] The Havana Syndrome individuals had brain injuries that were very similar to a concussion.**
- **[10:10] This is not psychosomatic.**
- **[14:00] We looked at four possible mechanisms but came up with one we thought most possible and that was pulsed microwave energy.**
- **[14:20] The National Academy of Sciences report was really helpful and saying yes it is our belief that these are directed energy attacks.**

List of symptoms

US government officials often relate the term Havana Syndrome to brain damage but there are much more effects. Below is a list of symptoms extracted from the documents mentioned below.

- incredible vertigo
- wanting to throw up
- the room was spinning
- vision problems

- blacking out for no identifiable reason
- fainting
- overwhelming nausea
- massive nose bleed
- ear pain
- fatigue
- insomnia
- sluggishness
- nauseous
- pressure in the head
- ringing in the ears
- buffeting of the head
- pressure on the face/head without dizziness or nausea
- pins and needles sensation
- a sound described as a buzz, clicking, hiss, or knocking within the head
- headache
- fatigue
- dizziness
- irritability
- sleeplessness
- depression
- anxiety
- forgetfulness
- lack of concentration

Summary

There are people 'walking around' with EM-weapons (Electromagnetic weapons) attacking other people at least since the 1990s. Of course there is much more information on the internet about EM-weapons but I want to limit this to what has been published in the main stream media the last years.

Nobody can deny that there are people walking around with these weapons and attacking other people.

3. **New** Articles and videos - March, April 2022

From [1]:

Howie, Sacks & Henry has partnered with law firm Waddell Phillips to represent the Canadian Diplomats who have suffered mysterious injuries known as Havana Syndrome while representing Canada in Cuba.

References:

1. 'Havana Syndrome' Lawsuit Covered by International Media
Recent but date unknown, Howie, Sacks & Henry LLP
2. Waddell Phillips and Howie, Sacks and Henry launch lawsuit on behalf of Canadian diplomats for "Havana Syndrome"
6 February 2019, Howie, Sacks & Henry LLP

4. **New** 'Havana Syndrome' stumps investigators as U.S. officials report injuries on White House grounds - February 2022

This section is about the CBS News 60 Minutes investigative report. This report includes interviews with Havana Syndrome victims and statements of experts.

From [1]:

Olivia Troye, a former Homeland security and counter terrorism advisor to vice-president Mike Pence. In the summer of 2019 when she was inside the White House security perimeter, she felt had been physically struck. 'It was like this piercing feeling on the side of my head ... it was on the right side of my head and I got like vertigo ... I felt unsteady, I was nauseous, I was somewhat disoriented'. The piercing feeling continued. This was followed by a paralyzing panic attack, which she never had. About a year it happenend again a couple of times. 'It was a similar sensation but this time is was very much the feeling of vertigo and dizziness and I felt couldn't really walk. ... that I was just gonna fall right into the ground.' She didn't report the episodes at that time because she didn't want to believe she was seriously ill.

Another person, a senior member of the national security counsel, who asked not to name him, was stricken in November 2020 at the same place as Troye, he described the incident to John Bolton. He told Bolton he had disorientation and ringing in the ears and the inability to function. and that he couldn't speak or think clearly. He was taken to an emergy room. Bolton: 'That was a very debilitating attack and similar to what others reported.'

Another person attacked was Miles Taylor who was deputy chief of staff and later chief of staff of the Trump administration Department of Homeland Security. He was hit with the same symptoms described by Olivia Troye. It was late one night in April 2018 around three in the morning and he woke up to a really strange sound. 'Sort of chirping somewhere between what you would think as a cricket or sort of a digital sound.' He went to the window, opened it, looked at the street and saw a white van, the van's breaklights turned on, it pulled of and drove away. The whole episode lasted seven to ten minutes. The next day he felt sick, not able to work.

Five weeks later it happend again. The next day he was feeling off balance, out of it, the sort of concussion like symptoms you have from getting knocked very hard. He

was just getting to leave to Israel on a congressional delegation. When he got to the airplane he thought I am already nauseous, I don't know if I can do this flight. Taylor heard of another case his. It was US government official who experience similar episodes at their place of residence. This was an individual at the cabinet level in the Trump administration.

In 2019 during a visit by president Trump to London two members of John Bolton's security staff became ill in a hotel. Bolton says this was a deliberate attack. Months later, one of those staff members was overcome again walking her dog in the Washington area.

Robin Garfield was a commerce department official in China. He, his wife and two children were repeatedly hit in China. His daughter was literally falling down multiple times a day. They were evacuated. His family was hit again during their year of treatment in Philadelphia. My wife catapulted out of bed and sprinted down the hallway to check the children. An extremely loud painful sound had waken her up. They moved to a hotel and it happened again. They woke up around 2 AM with strange vibrations in our bodies and a sound. He checked his children and saw an extremely early scene where both were thrashing in their beds, both were asleep but both were kicking and moving aggressively. He put his head next to the head of his daughter and heard a very distinct sound, sort of like water rushing. He checked his son, same sound. He reported to the FBI. He personally knows children of eight other parents who had balance issues, trouble with finding their words, stuttering.

One of the first cases of the Havana Syndrome, assigned to the US embassy in Cuba, talks about his experiences in 2016. He is not allowed to say what federal agency he worked for. They and their families were struck frequently in their homes in the night. The first time it happened all the dogs in the neighbourhood started kicking off barking which is very unusual and then this loud sound filled my room like my head was slowly getting to start get crushed. And then severe earpain started, it was very painful. Eventually he started blacking out. He has lost vision of one eye, it is because something is wrong in his brain since that time.

Dr. David Relman, helped lead two panels that investigated the injuries. 'This set of cases experienced an abrupt onset of intense pressure or vibration in the face or head, sometimes with the abrupt onset of sound. Victims mention that the sound or feeling of pressure came from one direction.' Dr. David Relman's committee concluded that the mechanism that caused this was pulsed electromagnetic energy, in other words: a focussed beam of microwaves fired from a distance.

James Benford, a physicist and leading authority on microwaves, says the most plausible explanation is that it is a high power microwave weapon. 'There are many kinds and they can go anywhere in size from a suitcase all the way up to a large fracture trailer unit. And the bigger the device, the longer the range. ... Microwaves go through glass, they go through brick, they go through practically everything. The

technology has been studied for more than fifty years. It has been developed widely in perhaps a dozen countries. Primary countries are the United States, Russia and China.'

Images below are from this 60 Minutes report: Portable microwave transmitters.



References:

1. ['Havana Syndrome' stumps investigators as U.S. officials report injuries on White House grounds - video](#)
CBS News - 60 Minutes, 21 February 2022
2. [The youngest victims of 'Havana Syndrome'](#)
CBS News - 60 Minutes Overtime, 20 February 2022
3. [Unexplained injuries similar to previous 'Havana Syndrome' cases afflicted U.S. officials on White House grounds](#)
CBS News - 60 Minutes, 17 February 2022

5. **New** US intelligence community report says 'pulsed electromagnetic energy' could cause Havana Syndrome - February 2022

From [3]:

Such sources exist that "are concealable and have moderate power requirements," the report said. "Using non-standard antennas and techniques, the signals could be propagated with low loss" through the air and building materials.

Ultrasound also could account for the symptoms, but only if a victim was in close proximity to the beam because ultrasound "propagates poorly through the air and building materials," it continued.

Psychosocial factors - which include work demands, stress and depression - cannot alone account for the core symptoms of Havana Syndrome, it said.

Peter Mooring note: What they in fact say is that pulsed microwaves are going through walls, people can be attacked through walls. I said this already in 2007 when I created the STOPEG website.

References:

1. [US intelligence community report says 'pulsed electromagnetic energy' could cause Havana Syndrome](#)
CNN, 3 February 2022
2. [Panel of experts concludes microwave energy is most likely causing 'Havana Syndrome' \(video\)](#)
NBC News, 3 February 2022
3. [U.S. diplomats, spies may have been hit by electromagnetic energy -report](#)
Reuters, 2 February 2022
4. [Panel Says Some Havana Syndrome Cases May Stem From Radio Energy](#)
The New York Times, 2 February 2022
5. [Havana Syndrome could be caused by pulsed energy devices - US expert report](#)
The Guardian, 2 February 2022

6. Havana Syndrome like attacks on Paris, Geneva, US diplomats - January 2022

From [1]:

The Wall Street Journal on Thursday reported additional illnesses among officials serving in U.S. diplomatic missions in Paris and Geneva, where the United States and Russia held security talks on Monday over Moscow's troop buildup near the Ukraine border.

References:

1. [Blinken says U.S. working on Havana Syndrome after diplomats' illnesses in Paris, Geneva](#)
Reuters, 13 January 2022
2. ['Havana syndrome': US baffled after new cases in Europe](#)
BBC News, 13 January 2022
3. [Four US diplomats - three in Geneva and one in Paris - are struck with suspected 'Havana Syndrome'](#)
MailOnline, 13 January 2022
4. [U.S. Diplomats in Geneva, Paris Struck With Suspected 'Havana Syndrome'](#)
The Wall Street Journal, 13 January 2022

7. New Articles and videos - January, February 2022

From [2]:

High-ranking Homeland Security officials in the Trump administration say they were overcome with feelings of vertigo, confusion and memory loss while on White House grounds and in their Washington, D.C.-area homes. The incidents and symptoms they describe are similar to the "Havana Syndrome" that has been reported by American diplomats in foreign countries since 2016.

From [3]:

At 18:40. Why would such devices be in operation. Well this too I think is a little above my pay grade and out of my sandbox but this fight is to understand that these types of devices can be used for surveillance and or they can be used either kinetically or non-kinetically for disruptive effects. What do we mean by that. What we mean is there are a number of nations worldwide that have dedicated effort to employing these devices for testing organic and inorganic substances primarily in the occupational and commercial range. If we take a look at these nations include the United States and many of its allies, China, Russia among others. So the technology exists we know the technology is being employed at least in part for the evaluation of vulnerability and volatility for organic and inorganic substances. To do what. Well this is where its gets interesting because what may be possibly going on here in terms of the actual effects comes to these conclusions this probably represented most of course based upon our probabilistic inference a non-accidental exposure to some form of directable energy source. Acoustic effects possibly.

43:42. What steps do recommend for civilian patients who've been given diagnoses similar to those of embassy personnel by dr Hoffer and his group in Miami. Yeah, that's a very very good question and I must you I receive a number of emails, a number of correspondences from individuals who have reports in which they're reporting certainly symptoms and in some cases validateable signs. I think what becomes very very important is for them to seek clinical assistance see clinical aid first and foremost. Why. Well clearly they're suffering. Something is wrong. Find out what is wrong that also helps to provide objective evidence that there are dysfunctional parameters and abnormalities which would then be important to feed if you will up the chain so these can then be further evaluated and there are a number of evaluative programs as we know operative right now in the United States into which that information would then be uptaken so the individuals might then progress into the verification validation pipelines.

From [5]:

I (Mark Zaid) filed a federal Freedom of Information Act lawsuit today. In fact access to classified NSA information that they told me about almost a decade ago and members of congress appropriately today criticizing the CIA report saying that it contradicted everything they were being told behind the scenes and now I also have some whistleblowers that I hope will turn into something substansive challenging the very report that was issued.

From [6]:

Mark Zaid, a lawyer for a number of those affected with the disease, told WebMD that the symptoms first originated in Americans not stationed in or around Cuba. 'It started long before Havana,' Mr Zaid told the website. 'It was just those incidents that brought it to light.'

From [7]:

In about two dozen cases, however, the agency can't rule out foreign involvement, including many of the cases that originated at the U.S. Embassy in Havana beginning in 2016.

References:

1. [Column: Are electromagnetic weapons involved? Taking victims of 'Havana syndrome' seriously](#)
Los Angeles Times, 24 Februari 2022
2. [Trump-era officials reported Havana Syndrome symptoms in DC](#)
New York Post, 20 February 2022
3. [Dr James Giordano's Presentation At UTSW's Havana Syndrome Webinar\(FULL\)](#)
UTSW-Dallas, 12 February 2022
4. [Havana syndrome has 'dramatically hurt' morale, US diplomats say](#)
The Guardian, 10 January 2022
5. [Opinion: The 'Havana syndrome' is still a mystery. It is too soon to stop investigating.](#)
The Washington Post, 23 January 2022
6. [Havana Syndrome lawyer not convinced of CIA's findings | NewsNation Prime](#)
NewsNation, 21 January 2022
7. [CIA says 'Havana Syndrome' not result of sustained campaign by hostile power](#)
NBC News, 20 January 2022
8. [US still unsure who's behind Havana Syndrome attacks, Blinken says](#)
Independent, 13 January 2022
9. [U.S. Refines Tool to Evaluate Havana Syndrome Cases](#)
The New York Times, 13 January 2022
10. [U.S. Diplomats in Geneva, Paris Struck With Suspected 'Havana Syndrome'](#)
The Wall Street Journal, 13 January 2022

8. Mark Lenzi v. United States Department of State, and Antony J. Blinken - December 2021

Mark Lenzi is a State Department security officer who worked in the U.S. Consulate in Guangzhou, China.

From [1]:

Around November 2017, approximately 15 months after they arrived in Guangzhou, Mr. Lenzi was injured in the line of duty. Mr. Lenzi and his wife and children began experiencing sudden and unexplained mental and physical symptoms, including headaches, lightheadedness, nausea, nosebleeds, sleeplessness, and memory loss. Mr. Lenzi verbally complained of these symptoms to his superiors in Guangzhou through the Spring of 2018.

...

On or about May 26, 2018, Mr. Lenzi contacted his former neighbor, who had been medevac'd to University Pennsylvania Hospital in Philadelphia. Mr. Lenzi informed her of the numerous symptoms he and his family had been experiencing over the past six months. After Mr. Lenzi described their short-term memory loss, Mr. Lenzi's former neighbor stopped him and said that Mr. Lenzi needed to get himself and his family out of their apartment 'right now .' She went on to say that she had pleaded with the State Department on three different occasions to inform and get her American consulate neighbors out of the Tower 7 Apartment Complex in Guangzhou, but that each time the State Department did nothing. She agreed with Mr. Lenzi that their American diplomatic colleagues should be warned about the potential risk to their health and safety.

...

Mr. Lenzi therefore has the right to 'file a civil action in an appropriate United States District Court in accordance with § 1614.407(b)' with respect to each of the EEO Complaints described above.

...

F. Award Plaintiff financial compensation for emotional distress, pain, and suffering;

...

From [2]:

The government, Mr. Lenzi also said, has readings that show the presence of dangerous levels of microwave energy in China. In an unclassified workers' compensation report he filed with the Labor Department, Mr. Lenzi recounted how his neighbor in China used a commercial detector to record high levels of microwave energy in the apartment next to his.

...

But follow-up tests by the government used a classified device widely known not to be as reliable at detecting directed energy, said Mr. Lenzi, whose work involves countering foreign eavesdropping including by using directed energy. When the government says directed energy is a theory but there is no evidence, 'That is simply not true,' Mr. Lenzi said. 'They have readings, especially in Guangzhou,' he said.

From [4]:

Mark Lenzi believes he was targeted because of his work. He uses top secret equipment to analyze electronic threats to diplomatic missions.

Mark Lenzi: There is no shadow of a doubt in my mind that this was a directed attack against my neighbor and I.

His neighbor was Catherine Werner, who lived one floor up. She's a U.S. Commerce Department trade officer who promoted American business from the Guangzhou Consulate.

Catherine Werner: I woke up in the middle of the night. I could feel this sound in my head. Um, it was intense pressure on both of my temples. At the same time, I heard this low humming sound, and it was oscillating. And I remember looking around for where this sound was coming from, because it was painful.

Scott Pelley: When did you first notice that you weren't feeling well?

Catherine Werner: October of 2017, I started to get hives all over my body. Really bad hives. I woke up with headaches every day. Um, I started to feel tired. The simplest things would just make me very, very tired.

Scott Pelley: Were these symptoms growing worse over time?

Catherine Werner: They were. Yes. My symptoms would get so bad that I would throw up, or I would wake up with nosebleeds.

She says even her dogs were throwing up blood. Werner assumed her illness was connected to China's toxic smog. She didn't know it at the time but her symptoms were the same that American officials in Havana had suffered since 2016. The U.S. Embassy there is all but closed as a result.

Catherine Werner: We hadn't heard about what happened in Cuba. I mean, there were headlines in the news about hearing loss and um, attacks to our diplomats, but we didn't know the details.

Catherine Werner became so ill, her mother traveled from the U.S. to live with her.

Catherine Werner: She spent almost three months with me. During that time she also got very ill. Um, and she and I shared the same symptoms.

Scott Pelley: What sort of symptoms did your mother have?

Catherine Werner: Headaches and um, ringing in our ears. Um, we also started to both um, have difficulty recalling words.

After reporting her experiences, Werner was medically evacuated to the U.S. for treatment. U.S. agencies are investigating, but Mark Lenzi has a theory.

Mark Lenzi: This was a directed standoff attack against my apartment.

Scott Pelley: It was a weapon?

Mark Lenzi: Oh, of course it was a weapon.

Scott Pelley: An energy weapon--

Mark Lenzi: Absolutely.

Scott Pelley: What sort of energy is this that we're talking about?

Mark Lenzi: I believe it's RF, radio frequency energy, in the microwave range.

References:

1. [Mark Lenzi v. United States Department of State, and Antony J. Blinken - December 2021, United States Secretary of State](#)

Courthouse News Service, Case 1:21-cv-01371 Document 1 Filed 12/08/21

2. [Review Finds No Answers to Mystery of Havana Syndrome](#)
The New York Times, 3 December 2021
3. [State Department tested diplomats for 'directed energy exposure' years before telling Congress](#)
Politico, 25 October 2021
4. [Brain trauma suffered by U.S. diplomats abroad could be work of hostile foreign government](#)
CBS News, 17 March 2019

9. New Articles and videos - November, December 2021

From [4]:

The former first lady describes arriving in Heiligendamm (the first couple was staying in a villa on the Grand Hotel Heiligendamm compound). But, she writes, 'by the afternoon of [June 7] I could barely stand up. My head inexplicably throbbed; I was horribly dizzy and nauseated. I went to bed, pulled up the covers, **and for several hours felt so awful that I might die right there in the hotel room.**' Mrs. Bush continues, 'Over the next day nearly a dozen members of our delegation were stricken, even [former President George W. Bush], who started to feel sick during an early morning staff briefing.' Mrs. Bush's memoir notes that 'for most of us, the primary symptoms were nausea or dizziness, but one of our military aides had difficulty walking and a White House staffer lost all hearing in one ear.' Suspecting a possible poison attack, the Secret Service 'went on full alert.' Noting that former President Bush 'almost never gets sick,' Mrs. Bush recalls that her husband 'felt so ill that he met with [then-French President Nicolas] Sarkozy in his hotel room and did not even stand up to greet him.'

References:

1. [Biden signs off on \\$30 million in funding for victims of Havana syndrome, the mysterious illness officials believe is caused by directed-energy attacks](#)
Business Insider, 28 December 2021
2. [Havana Syndrome: Why is the mysterious illness plaguing US officials?](#)
The Telegraph, 24 December 2021
3. [Legal, financial fights mount as 'Havana Syndrome' goes unsolved](#)
NBC News, 22 December 2021
4. [George W. Bush, his wife and their delegation may have been the victims of Russia-induced Havana Syndrome at 2007 G-8 summit, report claims](#)
Daily Mail, 8 December 2021
5. [Was George W. Bush a 2007 victim of Russia-induced 'Havana Syndrome'?](#)
Washington Examiner, 7 December 2021

6. [Review Finds No Answers to Mystery of Havana Syndrome](#)
The New York Times, 3 December 2021
7. [Canada diplomats say Ottawa mishandled 'Havana Syndrome' crisis](#)
MSN, 1 December 2021
8. [Havana Syndrome: FBI warns staff amid reports of symptoms among agents](#)
The Guardian, 25 November 2021
9. [FBI acknowledges some agents may have Havana Syndrome symptoms](#)
NBC News, 24 November 2021
10. [CIA director warns Russian spies of 'consequences' if they are behind 'Havana Syndrome' incidents](#)
The Washington Post, 24 November 2021

10. **Update** Four Havana Syndrome diplomats got permission from the State Department to talk about their experiences - October 2021, December 2021

From [1]:

From the video on this page: Fighting an Invisible Enemy: The voices of Havana Syndrome.

- [07:25] There is nothing in the world that is worse than being a victim that everybody doubts.
- [09:40] The Havana Syndrome individuals had brain injuries that were very similar to a concussion.
- [10:10] This is not psychosomatic.
- [14:00] We looked at four possible mechanisms but came up with one we thought most possible and that was pulsed microwave energy.
- [14:20] The National Academy of Sciences report was really helpful and saying yes it is our belief that these are directed energy attacks.

From [2]:

'I felt like I was being struck with something,' she said. 'Pain that I have never felt before in my life ... mostly in my head and in my eyes.... It was as if I had been seized by some invisible hand and I couldn't move.'

Onufer and two of her former colleagues in Havana, a married couple named Kate Husband and Doug Ferguson, spoke to NBC News about their experiences after getting permission from the State Department. They want the world to know that what happened to them in Havana caused real suffering and documentable injuries, and that those who insist this must be a case of mass psychosis are wrong.

References:

1. [Legal, financial fights mount as 'Havana Syndrome' goes unsolved](#)
NBC News, 22 December 2021
2. ['Seized by some invisible hand': What it feels like to have Havana Syndrome](#)
NBC News, 13 October 2021

11. Havana Syndrome like attacks on Bogota, Colombia, US embassy staff - October 2021

From [2]:

The incidents, which are now among hundreds the US is investigating, come as Secretary of State Tony Blinken is planning to visit Bogota next week. State Department spokesperson Ned Price would not comment on reported incidents in Colombia or on Blinken's upcoming travel during the department briefing on Tuesday.

From [3]:

The US embassy in Bogota, one of the largest in the world, includes a strong contingent of agents working in both intelligence and counter-narcotics operations, in addition to career diplomats and personnel.

Secretary of State Antony Blinken is scheduled to visit the country on October 20.

References:

1. [Havana syndrome reported at US embassy in Colombia](#)
BBC News, 13 October 2021
2. [US officials reported Havana syndrome symptoms in Colombia](#)
CNN, 13 October 2021
3. [Colombia to leave 'Havana Syndrome' embassy probe to US](#)
Aljazeera, 13 October 2021
4. [Havana Syndrome Hits at Least Five U.S. Families Connected to Embassy in Colombia](#)
The Wall Street Journal, 12 October 2021

12. Biden signs bill giving Havana Syndrome victims better medical care - October 2021

References:

1. [Biden signs bill that will give victims of mysterious 'Havana syndrome' better medical care](#)
CNN, 8 October 2021
2. [Biden signs bill to boost support for "Havana Syndrome" victims](#)
CBS News, 8 October 2021

13. Havana Syndrome like attacks on Serbia, CIA officer - September 2021

From [1]:

A CIA agent in Serbia is believed to have suffered a directed-energy attack after experiencing symptoms consistent with the condition known as 'Havana syndrome' that has affected 200 US officials worldwide.

References:

1. [CIA agent in Serbia sent home with 'Havana syndrome'](#)
The Times, 29 September 2021
2. [Havana Syndrome Attacks Widen With CIA Officer's Evacuation From Serbia](#)
The Wall Street Journal, 28 September 2021

14. Ryan Conlon attempted to sue the CIA, DOD, Air Force for attacking him with Direct Energy Weapons citing the Havana Syndrome Act - September 2021

From [1]:

Ryan Conlon shared the recent court decision he received as he attempted to sue the CIA, the DOD, and the Air Force for his injuries. The judge ultimately ruled against him. This was his second attempt. He says he filed last year also with the same result.

What is interesting about his filing this time is that he cited the Havana Syndrome Act of 2021 and microwave and directed energy weapons in his complaint. These were not mentioned in the judge's decision.

From [2]:

Plaintiff Ryan Matthew Conlon asserts that the named defendants are responsible for attacking him 'with a D.E.W. a Direct Energy Weapon, using Microwaves.' ECF No. 1 at 4. He claims that he is a 'non-consensual Test Subject of the C.I.A., the D.O.D., and the U.S. Airforce' and that he has suffered 'Brain Injuries' as evidenced by tinnitus, chronic headaches, nausea, inflammation of the brain, dizziness, and 'ear popping.' ECF No. 1-1 at 2, He states he has 'Havana Syndrome.' Id.

References:

1. [RYAN CONLON'S DAY IN COURT](#)
PATCS (People Against Covert Torture & Surveillance) International, 24 September 2021
2. [CONLON v. MILLER](#)
[RYAN MATTHEW CONLON, Plaintiff, v. CONNOR MILLER, DOD Analyst, C.I.A. INSPECTOR GENERAL, DOD INSPECTOR GENERAL, US AIRFORCE INSPECTOR](#)

GENERAL, Defendants.

Leagle, 22 September 2021.

15. Havana Syndrome like attacks on India, CIA team member - September 2021

References:

1. Member of CIA chief's team reported Havana syndrome symptoms on recent trip to India
CNN, 21 September 2021
2. CIA director's team member reported Havana Syndrome symptoms during India trip
NBC News, 21 September 2021

16. Articles and videos, September - October 2021

From [4]:

'I felt like I was being struck with something,' she said. 'Pain that I have never felt before in my life ... mostly in my head and in my eyes.... It was as if I had been seized by some invisible hand and I couldn't move.'

Onufer and two of her former colleagues in Havana, a married couple named Kate Husband and Doug Ferguson, spoke to NBC News about their experiences after getting permission from the State Department. They want the world to know that what happened to them in Havana caused real suffering and documentable injuries, and that those who insist this must be a case of mass psychosis are wrong.

References:

1. Is 'Havana Syndrome' an 'Act of War' or 'Mass Hysteria'?
New York Times, 26 October 2021
2. State Department tested diplomats for 'directed energy exposure' years before telling Congress
Politico, 25 October 2021
3. Long before Havana Syndrome, the U.S. reported microwaves beamed at an embassy
npr, 21 October 2021
4. 'Seized by some invisible hand': What it feels like to have Havana Syndrome
NBC News, 13 October 2021
5. Germany investigates possible 'Havana Syndrome' sonic attack on U.S. Embassy staff
The Washington Post, 9 October 2021

6. [Havana syndrome: Berlin police probe cases at US embassy](#)
BBC News, 9 October 2021
7. [U.S. investigators increasingly confident directed-energy attacks behind Havana Syndrome](#)
Politico, 8 October 2021
8. [CIA 'removes Vienna boss' over Havana syndrome outbreak](#)
BBC News, 24 September 2021
9. [U.S. diplomat overseeing 'Havana Syndrome' response leaving after 6 months](#)
CBS News, 23 September 2021
10. ['Havana Syndrome' Becomes 'Unexplained Health Incidents' As U.S. Backs Down on Blaming Cuba](#)
Newsweek, 13 September 2021
11. ['Havana syndrome' and the mystery of the microwaves](#)
BBC, 9 September 2021

17. Havana Syndrome like attacks on Hanoi, Vietnam, US embassy - August 2021

References:

1. [Possible Havana syndrome incident delayed Harris flight to Vietnam](#)
CNN, 26 August 2021
2. [2 U.S. diplomats to be evacuated from Vietnam after 'Havana Syndrome' incidents](#)
NBC News, 24 August 2021

18. Havana Syndrome like attacks on Berlin, Germany, US officials - August 2021

From [1]:

'At least two US officials stationed in Germany have required medical attention after developing symptoms of an illness known as Havana Syndrome. Symptoms are said to include nausea, severe headaches, ear pain, fatigue, insomnia and sluggishness.'

References:

1. [CNN Interviews Top Neurologist James Giordano Over 'Havana Syndrome' \(video\)](#)
CNN, 25 August 2021
2. [US rocked by mystery syndrome: Panic as officials in Berlin report worrying symptoms](#)
Express, 18 August 2021

3. [U.S. Officials in Germany Hit by Havana Syndrome](#)
The Wall Street Journal, 18 August 2021
4. [US officials in Berlin report potential 'Havana syndrome' cases](#)
Politico, 18 August 2021

19. Articles and videos - July, August 2021

From [1]:

'There have also been unconfirmed cases of the syndrome in Poland, Taiwan, Georgia, Colombia and Uzbekistan.

Targets appear to have been followed, as the symptoms persisted even after they were moved to new accommodation.

One victim in Europe was reportedly diagnosed with the sort of brain injury seen in people exposed to the shockwaves from explosions. The target described piercing ear pain, high-pitched electronic-sounding noise and pressure in the ears.'

References:

1. [Has China created a sonic supergun? US officials hit by mystery sickness after identical attacks of two embassies, and 130 spies and diplomats targeted around the world. Now experts believe there could be a terrifying explanation...](#)
Dailymail.co.uk, 27 August 2021
2. [Another Canadian diplomat reports Havana syndrome 'attack'](#)
Ottawa Citizen, 25 August 2021
3. [2 U.S. diplomats to be evacuated from Vietnam after 'Havana Syndrome' incidents](#)
NBC News, 24 August 2021
4. [Top U.S. officials meet to discuss "Havana Syndrome" as cause remains unclear](#)
CBS News, 9 August 2021
5. [U.S. intensifies efforts to address 'Havana Syndrome,' but answers remain elusive](#)
CBS News, 27 July 2021
6. [Havana Syndrome Task Force to Be Led by Veteran of Hunt for Bin Laden](#)
The Wall Street Journal, 21 July 2021

20. Havana Syndrome like attacks on Vienna, Austria, US diplomats - July 2021

From [1]:

'Some of the patients described feeling as though they were standing in an invisible beam of energy. Many of them suffered debilitating symptoms, from headaches and vertigo to vision problems.

...

The first possible syndrome case in Vienna was reported a couple of months after Biden's Inauguration. That case and subsequent ones were reported to officials in Washington soon after they occurred. But the Biden Administration decided not to announce the Vienna outbreak—officials were concerned that any public disclosure about the cases would hamper ongoing U.S. intelligence and law-enforcement investigations, which are still under way in Vienna.'

From [2]:

'Vienna has long been a centre for diplomatic activity and has had a reputation as a hotspot for espionage, particularly during the Cold War. ... The city is currently hosting indirect talks between Iran and the US over attempts to resurrect the 2015 Iran nuclear deal. Cases of the condition have been reported elsewhere in the world, but US officials say the numbers in Vienna are greater than in any other city apart from Havana.'

References:

1. [Vienna Is the New Havana Syndrome Hot Spot](#)
The New Yorker, 16 July 2021
2. ['Havana syndrome'-like mystery illness affects Vienna US diplomats](#)
BBC, 18 July 2021
3. [Austria investigating reported 'Havana syndrome' cases among U.S. envoys](#)
Reuters, 17 July 2021
4. [Austria probes reports of Havana Syndrome among US diplomats in Vienna](#)
CNN, 19 July 2021

21. Senate passes bill to aid Havana Syndrome attack victims - June 2021

From [1]:

'The Senate on Monday unanimously passed a bill that would boost medical care for American diplomats and spies who develop mysterious brain injuries amid an uptick in suspected directed-energy attacks on U.S. personnel at home and abroad.'

References:

1. [Senate passes bill to aid directed-energy attack victims](#)
Politico, 7 June 2021

22. Articles and videos - May, June 2021

From [1]:

'It could be a device that is as big as fitting into a vehicle or small enough to be carried in a backpack.' ... The US, Russia, China .. and Israel also has the same technology.'

From [2]:

The cases are sometimes collectively referred to as 'Havana syndrome.' But Mark Zaid, a lawyer in Washington, DC, who represents several of those affected, says that is a misnomer because incidents like these had been going on long before the public became aware of the cluster of cases in Havana. One of his clients, a former National Security Agency employee named Michael Beck, was affected while working in a classified hostile country back in 1996.

Beck and a colleague both went on to develop a rare form of Parkinson's disease that Beck attributed to an attack. 'It started long before Havana,' Zaid says. 'It was just those incidents that brought it to light.'

Giordano and Zaid both agree that there is a big psychological component to the phenomenon, especially in the years since the cases in Havana came to light. Each of them gets multiple calls or emails every week from people who think they might have been targeted by the same kind of attack. Most have no plausible connection to any suspected threats. And Giordano has referred only two such cases for further study.

References:

1. [Directed-energy attacks: The invisible threat Congress wants answers on \(video\)](#)
Politico, 7 June 2021
2. [Havana Syndrome Attacks Leave Baffling Symptoms](#)
WebMD, 11 June 2021
3. [As mystery over 'Havana Syndrome' lingers, a new concern emerges](#)
NBC News, 6 June 2021
4. [Microwave weapons that could cause Havana Syndrome exist, experts say](#)
The Guardian, 2 June 2021
5. [US officials confirm 130 incidents of mysterious Havana syndrome brain injury](#)
The Guardian, 13 May 2021

23. Senate Intel leaders say mysterious directed energy attacks appear to be increasing - April 2021

From [1]:

'The leaders of the Senate Intelligence Committee warned Friday that mysterious invisible attacks that have caused debilitating symptoms appear to be on the rise against US personnel.'

References:

1. Senate Intel leaders say mysterious directed energy attacks appear to be increasing

CNN, 30 April 2021

24. **US investigating possible mysterious directed energy attack near White House - April 2021**

From [1]:

'Federal agencies are investigating at least two possible incidents on US soil, including one near the White House in November of last year, that appear similar to mysterious, invisible attacks that have led to debilitating symptoms for dozens of US personnel abroad.'

References:

1. US investigating possible mysterious directed energy attack near White House

CNN, 29 April 2021

25. **U.S. probing suspected directed-energy attack on government personnel in Miami - April 2021**

From [1]:

'In Miami, several people reported symptoms similar to those exhibited by American spies and diplomats in Cuba starting in 2016 that became known as "Havana syndrome," three people said. It was unclear which agency the people in the Miami incident belonged to.'

'The attacks, which have caused varying symptoms including brain damage, are difficult to track and attribute with confidence due to their nature. The devices involved can be small and portable, and the symptoms can appear similar to other illnesses.'

Peter Mooring note: I often stated that there also must be portable devices, and that symptoms can appear similar to other illnesses.

References:

1. U.S. probing suspected directed-energy attack on government personnel in Miami

Politico, 29 April 2021

26. **U.S. troops increasingly vulnerable to directed-energy attacks, Pentagon tells lawmakers - April 2021**

From [1]:

'The Pentagon warned lawmakers this week about the growing and urgent threat of directed-energy attacks on U.S. troops in the Middle East and elsewhere, according to four people briefed on the matter.'

References:

1. [U.S. troops increasingly vulnerable to directed-energy attacks, Pentagon tells lawmakers](#)
Politico, 22 April 2021

27. The Pentagon Fears That Deadly Microwave Weapons Are Undetectable - March 2021

From [1]:

'Now the U.S. military wants a sensor that will alert soldiers when they are being attacked by microwave weapons. Because soldiers may not even realize they are under attack by a beam that is invisible to the eye, but painfully apparent to the brain.'

References:

1. [The Pentagon Fears That Deadly Microwave Weapons Are Undetectable](#)
Forbes, 2 March 2021

28. Articles and videos - March, April 2021

References:

1. [Canadian diplomats say their government is withholding info on more 'Havana Syndrome' brain injury cases](#)
NBC News, 29 April 2021
2. [Canadian officials not disclosing 'at least 3' new Havana syndrome cases: letter](#)
GlobalNews, 27 April 2021

29. An Assessment of Illness in U.S. Government Employees and Their Families at Overseas Embassies - 2020

From [1]:

'Military personnel (in Eurasian communist countries) exposed to non-thermal microwave radiation were said to have experienced headache, fatigue, dizziness, irritability, sleeplessness, depression, anxiety, forgetfulness, and lack of concentration, as well as internal sound perception for frequencies between 2.05-2.50 GHz (Adams and Williams, 1976).'

'The areas near the ear were most sensitive to these RF exposures; modulating the RF energy could produce a variety of effects including the perception of "buffeting of the head" or pressure on the face/head without dizziness or nausea, a "pins and needles sensation," and a sound described as a "buzz, clicking, hiss, or knocking" within the head for RF frequencies between 0.4-3 GHz, depending on pulse width, pulse-repetition frequency (PRF), and peak power density (Frey, 1962).'

'The committee finds that many of the acute, sudden-onset, early phase signs, symptoms and observations reported by DOS employees are consistent with RF effects. In addition, many of the chronic, nonspecific symptoms are also consistent with known RF effects, such as dizziness, headache, fatigue, nausea, anxiety, cognitive deficits, and memory loss. It is not necessary for RF energy sources to produce gross structural damage to cause symptoms. Rather, as with the Frey effect or potential thermoelastic pressure waves, RF sources may trigger symptoms by transiently inducing alterations in brain functioning.'

'Recommendation 3-A. If research or assessments support the possibility of radio frequency (RF) energy as a cause of illness experienced by some of its employees, the Department of State should train and equip employees with the capability to measure and characterize their exposure to RF energy in real time should the need arise in the future.'

Peter Mooring note: 'pins and needles sensation'. I wrote this in 2010: 'It started (in 2006) with an electrical shower, that is the way it felt.'

References:

1. [An Assessment of Illness in U.S. Government Employees and Their Families at Overseas Embassies](#)
National Academy of Sciences, 2020

30. CIA agents suspect they were attacked with microwave weapon in Australia

From [3]:

'While in their hotel rooms in Australia, both of the Americans felt it: the strange sound, the pressure in their heads, the ringing in their ears. According to these sources, they became nauseous and dizzy. They then traveled on to Taiwan to meet with intelligence officials there. They felt it again while in their hotel rooms on the island.'

Peter Mooring note: 'While in their hotel rooms'. This means that the attacks go through wall and/or through glass and/or through wood (door). It would be incredibly stupid to build such a weapon into the television in their room. This could easily be disassembled.

References:

1. [CIA agents suspect they were attacked with microwave weapon in Australia | ABC News](#)
ABC News (Australia), 22 October 2020
2. [Russia suspected of Cold War-style microwave attack on CIA agents in Australia](#)
ABC News (Australia), 21 October 2020
3. [The Mystery of the Immaculate Concussion](#)
CQ, 19 October 2020

31. Canadian Cuba diplomats sue Ottawa for \$28M over health ailments during Cuba postings

References:

1. [Canadian diplomats sue Ottawa for handling of 'Havana Syndrome' during Cuba postings](#)
CBC News, 8 Februari 2019
2. [Diplomats sue Ottawa for \\$28M over health ailments during Cuba postings](#)
CBC News, 6 Februari 2019
3. [Canadian Lawsuit Complaint T-238-19 John Doe, Et Al v Hmq or here \(from stopeg.com\)](#)
6 Februari 2019

32. Former CIA agent Marc Polymeropoulos victim of microwave weapon in Moscow - 2017

From [4]:

"I was awoken in the middle of the night," recalled Polymeropoulos, 51. "I just had incredible vertigo, dizziness. I wanted to throw up. The room was spinning. I couldn't even stand up without falling down. I had tinnitus ringing in my ears." He suspected a bad case of food poisoning and carried on with his 10-day trip. The visit included meetings with senior Russian intelligence officials, a common practice despite the long history of tense relations between the two countries and their spy agencies. But a second bout hit a few days later. Polymeropoulos canceled his remaining meetings and felt fortunate to make it back onto a plane to the U.S.'

References:

1. [After 26 years with the CIA, I had silent wounds](#)
CNN, 16 March 2021
2. [Experts: Former CIA agent victim of microwave weapon in Moscow](#)
CNN, 25 February 2021

3. How radio frequency waves ended a CIA officer's career

PBS NewsHour, 12 December 2020

4. A CIA Officer Visits Moscow, Returns With Mysterious, Crippling Headaches

npr, 27 October 2020

33. Canadian Cuba embassy staff attacks - 2017, 2018

Five Canadian diplomats and members of their families who fell victim to mysterious health complaints while posted to Cuba are suing the Canadian government for \$28 million in damages.

From [1]:

"They downplayed everything," said Diplomat Allen, who said he and his family are still suffering from a range of strange symptoms: his wife and son have developed vision problems; and he suffers from unexplained nausea and dizziness that months of physiotherapy haven't fixed. One of his sons began blacking out for no identifiable reason while in Cuba, he said, and suffered another fainting episode in 2019 that saw him taken to hospital.'

From [3]:

(1 June 2017) "'That sound lasted 20 to 30 minutes, and I couldn't find where it was coming from - then it faded, grew slower in pace and lower in frequency, and then I felt like I was going to throw up - I had the most overwhelming nausea," the middle-aged Canadian official said in an interview this week. He got through it, dozed off briefly and then was awoken again when his wife entered the bedroom carrying their oldest child, who was covered in blood. At around the same time his father had been experiencing what he called the loud noises, the child had suffered a "massive" nose bleed - "there was blood everywhere in his room."

Peter Mooring note: important: 'at around the same time'. In other words, the attacks are synchronized.

References:

1. Canadian embassy staff warned to stay silent on "Havana Syndrome"

Global News, 26 October 2020

2. Blood and bureaucracy: Inside Canada's panicked response to 'Havana syndrome'

The Globe and Mail, 12 December 2018

3. Canada's brain-injured Cuba diplomats speak out about Ottawa's silence

The Globe and Mail, 18 November 2018

34. USA Cuba embassy staff attacks (2016-2018)

From [2]

'Many of the officers suffered from dizziness, fatigue, headaches, and loss of hearing, memory and balance, and some were forced into permanent retirement.'

From [3]:

'Reported facts appear consistent with pulsed RF/MW as the source of injury in affected diplomats. Nondiplomats citing symptoms from RF/MW, often with an inciting pulsed-RF/MW exposure, report compatible health conditions. Under the RF/MW hypothesis, lessons learned for diplomats and for RF/MW-affected civilians may each aid the other.'

From [4]:

'The Navy sought to paralyze. The Frey effect was to induce sounds powerful enough to cause painful discomfort and, if needed, leave targets unable to move. The weapon, the Navy noted, would have a "low probability of fatalities or permanent injuries."'

'James C. Lin of the University of Illinois, a leading investigator of the Frey effect, described the diplomatic ills as plausibly arising from microwave beams.'

References:

1. [Havana syndrome](#)
Wikipedia
2. [Report Points to Microwave 'Attack' as Likely Source of Mystery Illnesses That Hit Diplomats and Spies](#)
New York Times, 5 December 2020
3. [Diplomats' Mystery Illness and Pulsed Radiofrequency/Microwave Radiation](#)
Beatrice Alexandra Golomb, 30 November 2018
4. [Microwave Weapons Are Prime Suspect in Ills of U.S. Embassy Workers](#)
New York Times, 1 September 2018
5. [How an Alleged Sonic Attack Shaped U.S. Policy on Cuba | Times Documentaries](#)
The New York Times, 18 April 2018
6. [This Is the Sound American Diplomats Heard During Sonic Attacks In Havana, Cuba | TIME](#)
Time, 12 October 2017

35. USA Consulate Guangzhou, China, staff attacks - 2016, 2017

From [1]:

'The situation in Guangzhou is eerily reminiscent of an episode in Havana, where, starting in the fall of 2016, at least 24 staffers at the U.S. Embassy incurred brain injuries after exposure to an equally mysterious source.'

References:

1. Opinion: A diplomat's mysterious illness could jeopardize China's relationship with the U.S.

Washington Post, 6 June 2018

36. Mike Beck, a former NSA counterintelligence officer suspected he was exposed to microwave attacks - 1999

From [2]:

'Mike Beck, a former National Security Agency counterintelligence officer, who suspected that he was exposed to microwave attacks, while on an overseas assignment with a partner in 1996. Both men later developed Parkinson 's disease.'

From [3]:

'The National Security Agency confirms that there is intelligence information from 2012 associating the hostile country to which Mr. Beck traveled in the late 1990s with a high-powered microwave system weapon that may have the ability to weaken, intimidate, or kill an enemy over time and without leaving evidence. The 2012 intelligence information indicated that this weapon is designed to bathe a target's living quarters in microWaves, causing numerous physical effects, including a damaged nervous system. The National Security Agency has no evidence that such a weapon, if it existed and if it was associated with the hostile country in the late 1990s, was or was not used against Mr. Beck.'

Peter Mooring note: 'intelligence information ... associating the hostile country ... in the late 1990s with a high-powered microwave system weapon'. This more or less means that these weapons were used already in the 1990's.

Peter Mooring note: 'bathe a target's living quarters in microwaves, causing numerous physical effects'. This means not only that these weapons go through, glass, walls, wood, but that they are powerful enough to cause serious damage to a human.

References:

1. After 26 years with the CIA, I had silent wounds
The Guardian, 2 May 2021
2. Was a spy's Parkinson's disease caused by a secret microwave weapon attack?
Washington Post, 5 December 2017
3. Unclassified
National Security Agency (NSA), 16 October 2014

37. Greenham Common women peace activists claim being attacked with microwaves - 1986

From [1], article is not available online:

Peace women fear electronic zapping at base

By Garth Perry

secret electronic spires
satellite communications

Doctors are compiling a report on the condition of a number of Greenham Common peace women who have had symptoms which are consistent with the known neurophysiological effects of electromagnetic waves, or low level radiation.

These symptoms range from headache and dizziness to difficulties of concentration or memory. Fears of electronic "zapping" have led peace women at the camp to keep a record of ill-effects reported by their groups over the past year.

Claims that this has revealed a pattern of illness will be presented by the peacewomen at a media briefing in London today. They will report that at least 40 women present at different points around the nine-mile perimeter of the American cruise missile base have experienced similar symptoms, at the same times.

Dr. Stephen farrow, chairman of the Medical Campaign Against Nuclear weapons said yesterday: 'We are now compiling evidence about the claims made by the women. There is obviously a great deal of interest in what they say; it seem feasible, although a lot of it is anecdotal, and we'le very thin on evidence.'

Dr. farrow, who is senior lecturer in epidemiology at the University College of Wales Medical College said that academic research into similar claims was being conducted in Canada.

The symptoms could be related to the powerful and secret electronic microwave satellite communications apparatus used at the missile base. If this is so, it would indicate unhealthy emissions are being radiated into the Berkshire countryside.

On the other hand the American military have an intruder detection system called BISS, Base Installation Security system which operates on a sufficiently high frequency to bounce radar waves off a human body moving in the vicinity of a perimeter fence.

A similar British system has been developed and has been acquired by the Ministry of Defence since April, 1984. Security at Greenham is a British responsibility but it is not known whether equipment of this type has been installed.

Some Greenham women believe that the symptoms are the result of an attempt to drive them away from their protest siege of the missile base.

Other peace women claim they are being assaulted by what the military calls electronic warfare, as part of a 'field trial.'

The Greenham women claim that meter tests outside camp, taken at times when women have experienced the symptoms, have shown a marked increase in background microwave signal levels. they also say the symptoms are more pronounced when cruise missile convoys leave the camp.

The Ministry of Defence denies that any form of electronic signals are being use on the women.

References:

1. Peace women fear electronic zapping at base
The Guardian, 10 March 1986

38. USA Moscow embassy staff microwaving - 1976

References:

1. SOVIET DIMS BEAM AT U.S. EMBASSY
New York Times, 8 July 1976
2. Soviet Halts Microwaves Aimed at U.S. Embassy
New York Times, 30 May 1979
3. Russia targets American diplomats with new directed energy weapon
Robert Lansing Institute, 18 May 2021

39. Laws prohibiting attacks with electromagnetic waves

From [1]:

"Laws against electronic harassment — Electronic harassment is a term referring to the use of electronic devices to harass, torture, and/or physically harm a person, not to be confused with cyberstalking. Laws against electronic harassment:

(1) Michigan — Public act 257 of 2003 makes it a felony for a person to "manufacture, deliver, possess, transport, place, use, or release" a "harmful electronic or electromagnetic device" for "an unlawful purpose"; also made into a felony is the act of causing "an individual to falsely believe that the individual has been exposed to a...harmful electronic or electromagnetic device."

(2) Maine — Public law 264, H.P. 868 — L.D. 1271 criminalizes the knowing, intentional, and/or reckless use of an electronic weapon on another person, defining

an electronic weapon as a portable device or weapon emitting an electrical current, impulse, beam, or wave with disabling effects on a human being.

(3) Massachusetts — Chapter 170 of the Acts of 2004, Section 140 of the General Laws, section 131J states: "No person shall possess a portable device or weapon from which an electrical current, impulse, wave or beam may be directed, which current, impulse, wave or beam is designed to incapacitate temporarily, injure or kill, except ... Whoever violates this section shall be punished by a fine of not less than \$500 nor more than \$1,000 or by imprisonment in the house of correction for not less than 6 months nor more than 2 1/2 years, or by both such fine and imprisonment."
(Wikipedia)""

1. States that have electronic harassment penal codes

Reddit, 2016

2. Richmond Resolution On Space-Based Weaponry Prompts Flood Of Calls To Police From 'Targeted Individuals'

CBS SF Bay Area, 1 June 2015

40. Related documents, books and websites

Documents:

- Unclassified - Bioeffects of Selected Nonlethal Weapons
DEPARTMENT OF THE ARMY, 13 December 2006
- Active Denial System FAQs
Joint Intermediate Force Capabilities Office
- BIOETHICS COMMISSION Letter Stating They Will Not Investigate Claims by Targeted Individuals
27 July 2011
- BIOLOGICAL EFFECTS OF ELECTROMAGNETIC RADIATION (RADIOWAVES AND MICROWAVES - EURASIAN COMMUNIST COUNTRIES
DEFENSE INTELLIGENCE AGENCY, March 1976
- Electromagnetic Mind Control Weapons (1 of 2) (video)
Electromagnetic Mind Control Weapons (2 of 2) (video)
CNN, 1985
- weapons_docs_v20150616.pdf
STOPEG, 2015
- Presentation submitted to the Senate Hearing on 'The State of Civil and Human Rights in the United States'
Dr. Daniel Lebowitz, 9 December 2014

Books:

- The Hidden Evil: The Financial Elite's Covert War Against The Civilian Population (on Amazon)

Mark Rich

- [New World War: Revolutionary Methods for Political Control \(on Amazon\)](#)

Mark Rich

- [How to Tame a Demon: A short practical guide to organized intimidation stalking, electronic torture, and mind control \(on Amazon\)](#)

Robert Duncan

Websites:

- www.stopeg.com
STOPEG (STOP Electronic weapons and Gangstalking) - Peter Mooring
- www.newworldwar.org
New World War - Mark Rich
- www.e-waffen.de
Initiative gegen elektromagnetische Folter - Harald Brems
- www.covertharassmentconference.com
COVERT HARASSMENT CONFERENCE 2015
- www.electronic torture.com
Electronic torture, Electromagnetic torture, Microwave torture, Electronic murder, Electromagnetic murder, Microwave murder, Organized murder, Cooked alive, Electronic mind control, Electronic mind reading, Brain zapping, People zapper
- www.peoplecooker.com
PEOPLECOOKER.COM

41. Articles in Dutch

Below a selection of articles that appeared in the main stream media in The Netherlands.

- [Mysterieus Havanasyndroom duikt weer op, nu bij diplomaten in Colombia](#)
RTL Nieuws, 13 oktober 2021
- [Onderzoek naar mysterieus 'Havana-syndroom' levert weinig op](#)
Telegraaf, 9 augustus 2021
- [Onderzoek gestart na symptomen van 'Havana-syndroom' bij Amerikaanse diplomaten in Wenen](#)
Volkskrant, 19 juli 2021
- [Oostenrijk en VS onderzoeken mysterieuze klachten Amerikaanse diplomaten in Wenen](#)
AD, 19 juli 2021
- [Onderzoek naar Havana-syndroom diplomaten in Wenen](#)
NOS, 18 juli 2021
- [Onderzoek naar Havana-syndroom diplomaten in Wenen](#)
NOS, 18 juli 2021

- Cubaanse pulsen of hysterie van de VS
NRC, 18 december 2020
- 'Radiosignalen maakten Amerikaanse diplomaten ziek'
Trouw, 6 december 2020
- Microgolven waarschijnlijke oorzaak mysterieuze ziekte Amerikaanse diplomaten op Cuba
RTL Nieuws, 6 december 2020

42. Contact

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